

# Oregano SAP

Science-based nutrients for antimicrobial treatment

Wild Mediterranean oregano from Turkey, standardized to 70% carvacrol content, is used to formulate **Oregano SAP**.

Oregano oil extract has demonstrated antioxidative, antimicrobial, and antiviral properties. Carvacrol is one of nature's most potent antimicrobials, as it has beneficial effects against several strains of both Gram-positive and Gram-negative bacteria and several species of fungi and yeast.

Oregano oil has antiseptic, anti-inflammatory, and analgesic properties. Therefore, the oil can be used topically on cuts or abrasions to prevent infections, on fungal infections such as athlete's foot, as well as on the gums to assist in pain reduction.

Research has shown that the antimicrobial activity of oil of oregano is maintained up to boiling-point temperatures and can therefore be used effectively as a disinfectant as well.

## ACTIVE INGREDIENTS

Each drop contains:

*Origanum minutiflorum* (herb) oil (75–85% carvacrol [93% carvacrol of total volatile oils]) . . . . . 5.42 mg

**Other ingredients:** Extra virgin certified organic olive oil.

**This product is non-GMO.**

**Oregano SAP** contains 15 ml per bottle.

## DIRECTIONS FOR USE

**Adults:** Put 5 drops under the tongue and gulp or mix with 30 ml of water or juice three to five times daily or as directed by your healthcare practitioner. Take with food. If you are taking supplements containing iron, zinc, calcium, or copper, take this product a few hours before or after them. **For occasional use only.**

## INDICATIONS

- Wild Mediterranean oregano oil has demonstrated antibacterial properties against several strains of bacteria, including *Staphylococcus aureus*, *Escherichia coli*, *Yersinia enterocolitica*, and *Pseudomonas aeruginosa*.
- It is also an effective treatment against several strains of yeast and fungal infections. Topically, **Oregano SAP** can be used on abrasions and infections, and it can also be used as a disinfectant for cleaning.

## PURITY, CLEANLINESS, AND STABILITY

All ingredients listed for all **Oregano SAP** lot numbers have been tested by a third-party laboratory for identity, potency, and purity.



Scientific Advisory Panel (SAP):  
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351, Rue Joseph-Carrier, Vaudreuil-Dorion, Quebec, J7V 5V5  
T 1 866 510 3123 • F 1 866 510 3130 • nfh.ca