

B-Complex SAP

Science-based B vitamins: enzyme forms of B₂ and B₆ in vegetable capsules

B-Complex SAP is a sophisticated combination of essential B vitamins, designed to increase energy production and support cardiovascular health. B vitamins are water-based coenzymes that assist the process of energy production throughout the entire body and help maintain healthy skin, hair, eyes, liver, mouth, muscle tone, and gastrointestinal tract. They are called B-complex because they complement each other and are only found in food or living tissues as a group. Most importantly, B vitamins work together to promote healthy stress levels and the proper functioning of the nervous system.

ACTIVE INGREDIENTS

Each vegetable capsule contains:

Vitamin B ₅ (calcium D-pantothenate)	100 mg
Niacin (Vitamin B ₃ , inositol hexanicotinate, flush-free)	75 mg
Vitamin B ₁ (thiamine hydrochloride)	50 mg
Vitamin B ₆ (pyridoxine hydrochloride)	50 mg
Vitamin B ₂ (riboflavin-5'-phosphate sodium)	25 mg
Vitamin B ₆ (pyridoxal-5'-phosphate)	10 mg
Vitamin B ₁₂ (methylcobalamin)	500 mcg
L-Methylfolate (from calcium L-5-methyltetrahydrofolate, calcium salt)	500 mcg
Biotin	200 mcg

This product is non-GMO and vegan friendly.

Contains no: Gluten, soy, wheat, corn protein, eggs, dairy, yeast, citrus, preservatives, artificial flavour or colour, sugar, or starch.

B-Complex SAP contains 60 vegetable capsules per bottle.

DIRECTIONS FOR USE

Adults: Take 1 capsule daily with a glass of water or juice, or as directed by your healthcare practitioner.

This product is very sensitive to heat and humidity. Store in a cool and dry place. Do not remove silica pack. Ensure lid is closed properly after each use.

INDICATIONS

Supplementing one **B-Complex SAP** capsule daily provides a total hypoallergenic formula that employs the synergistic action of all the B vitamins. The B vitamins often work together to deliver a number of health benefits to the body. Together, they also help combat the symptoms and causes of stress, depression, and cardiovascular disease. B vitamins have been shown to:

- Support metabolism.
- Maintain healthy skin and muscle tone.
- Enhance immune and nervous system function.
- Promote cell growth and division — including that of the red blood cells that help prevent anemia.

FEATURES

- **B-Complex SAP** supplies a compatible and complementary blend of B vitamins to enhance DNA methylation, inhibit glycosylation, suppress apolipoprotein serum levels, protect against thrombosis, and maintain microcapillary circulation.
- **B-Complex SAP** contains enzyme forms of vitamins B₂ (riboflavin-5'-phosphate) and B₆ (pyridoxal-5'-phosphate), which are assimilated directly into the bloodstream without having to be processed by the liver.

PURITY, CLEANLINESS, AND STABILITY

All ingredients listed for all **B-Complex SAP** lot numbers have been tested by a third-party laboratory for identity, potency, and purity.

Scientific Advisory Panel (SAP):
adding nutraceutical research
to achieve optimum health



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